

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

September 2023



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As we bid farewell to summer and embrace the changes of autumn, September arrives in the Aire Valley with its own charm. In this issue of our community magazine, we celebrate the convergence of harvest and the back-to-school season, signaling a time of preparation for the months ahead - the end of summer holidays and the beginning of a new academic year. Our pages are filled with tradesfolk to help you transition seamlessly, from organizing school routines to revitalizing your home for the cozy season to come: we stack logs, fill the freezer, order new curtains, get the boiler serviced; the list is long but not daunting. We've got this! Be sure to also schedule plenty of leisure time. See our community pages for ideas. The Glusburn Institute Community & Arts Centre (p2) is brimming with live music concerts through 'til December. You will notice we are using more QR codes in the magazine. Point your smartphone's camera at a QR Code and click on the notification URL that pops up. It's that easy. Enjoy your September.



Liz Barker, Editor



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Catriona Simmons
with pattern books

Step into our welcoming showroom, where pattern books brimming with captivating fabrics beckon. Customers explore displays of elegant curtain poles and inspiring wallpapers. Our team stands ready to guide them through their choices, ensuring that every selection is a step towards realizing their vision.

Venture upstairs, and the magic unfolds as we sew dreams into reality from beautiful curtains, roman blinds to cozy cushions and an array of other bespoke creations. For 22 years, our home at 74A Haworth Road, Cross Roads, has been a hub of industry as satisfied clients turned into loyal advocates, spread the word about our work.



Gill Lightfoot,
founder of
Material Worth
Interiors

As we embrace this new chapter, we seek kindred spirits to carry the torch forward. With two of our dedicated team members nearing retirement, we are excited to welcome two or three passionate individuals who share our enthusiasm for craftsmanship and design. Whether you're an experienced hand or a newcomer eager to learn, we extend our hands to mentor and train, ensuring a seamless transition into the world of Material Worth Interiors takes place.

The canvas of possibilities doesn't stop there. If you bring complementary skills or unique craft to the table, you're a perfect fit for our diverse ecosystem. We've collaborated with talented upholsterers, lampshade makers, and artists in the past, creating a vibrant tapestry of creativity. As we look to the future, the potential to revive clothing repairs, textile artworks, and exclusive accessories is boundless, awaiting the right blend of visionaries to breathe life into them once again.

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Gill Lightfoot with Christine Redman,
master curtain and blind maker, in the
sewing room.

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decades ahead, we invite you to take that first step. Reach out to us today and let's explore how you can be a part of this remarkable adventure.

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Chicken Thighs stewed with Bell Peppers by Martin Lingard

This is one of the tastiest but cheap and easy recipes I will ever write! ~ Enjoy

Ingredients

- 1 tablespoon of olive oil
- 1kg chicken thighs (bone in & skin on, not filleted or skinned)
- 6 red bell peppers (orange or yellow will also do but definitely not green ones!)
- Salt & Black pepper

Method

You need a large, preferably wide, shallow and heavy stove top pot with a well fitting lid for this recipe.
Put your pot on a medium heat on the stove and pour in your oil.

When warm, chuck in your chicken thighs. Whilst the chicken is starting to cook, de-seed and cut your peppers into rough chunks. Stir and turn the chicken occasionally to prevent it sticking whilst preparing the peppers.
Add the peppers, stir occasionally for 5-10 minutes, turn the heat down to low and pop on the lid.
Cook for 40 minutes or so until the chicken is cooked and tender. Your pot should have loads of gravy from the peppers.
Season well with salt and pepper.
I like to serve this with green beans or broccoli and either rice or bread to mop up the gravy. ~ Martin Lingard

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Sudoku

6	8		7		1		2	9
				3				
1			9		8			7
	5	3	8		4	6		
	6			7				1
		7	6		5	4	8	
8			5		6			4
				8				
3	2		1		7		9	6

				2		9		
		4		5	6			7
2		6	1			3		
		3			9		8	
1								3
	5		3			6		
		8			5	7		6
6			9	8		1		
		7		3				

5							8	3
3			6	7				
	8	9						
		1	7	4	3	8	6	
	3	7	2	9	6	4		
						2	3	
				5	4			8
1	6							9

8					4			
		7	8	2		5		
2				9				
	3		5					6
	9	4				8	3	
1					6		2	
				6				4
		9		5	8	3		
			4					1

Where in the Aire Valley? COMPETITION

Where is the **red x** located in the photo to the right?

This month's prize is donated by Keighley Picture House:

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The July/Aug competition location was Pennine Plus, Keighley and the winner was Steven Feather from Silsden.



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I know what we do on the Railway is very special as we continue our fifty-year history of running heritage trains on the 150+ year-old branch line. However, having the opportunity to help a group of heritage railway volunteers from Ukraine made it even more so. The group of women had left their homes in Kyiv and Lviv to make the arduous journey to the UK, by 'plane and 'bus via Warsaw. Arranged by the New Europe Railway Heritage Trust, a UK-based charity that has organised study tours of Britain and Western Europe since it was established in 1999. The group represented heritage railway organisations in Ukraine, including the Ukrainian Railway Heritage Association ("AZIZU") and the children's railway that operates in Lviv. They had a particular interest in the restoration of historic carriages, so as well as tours of our stations and locomotive works, they spent time with our excellent team of volunteers that restores and maintains our fleet of carriages and also with the Vintages Carriage Trust, at the Railstory site at Ingrow. We also hosted a visit from the Keighley Branch of the Association of Ukrainian in Great Britain. It was particularly emotional and moving as they discussed what they were experiencing back home.

They were especially touched when they saw posters for support for Ukraine in one of the banks in Keighley town centre, as they were struggling to understand the strength of feeling here in the UK for what they are enduring. They have returned safely home but are now dealing with the horror of daily shelling of

nearby houses. Despite that, their resilience, determination and their commitment to carry on – as far as they can – normally and think about their future plans was truly inspiring. They have taken away lots of learning and appreciation for maintaining and restoring historic carriages, and I hope we can continue to work with them in the future.

It was the efforts of our team of over 700 people, mostly volunteers, that the visitors were enjoying and marvelling at what we have achieved since the Preservation Society was founded in 1962. Over 60 years of commitment and enthusiasm have gone into making the Railway what it is today, and even now, we are still developing and enhancing the Railway. We continue to offer our very popular programme of events, including the Beer & Music Festival in October, as well as Santa's visit as he joins us on our Christmas Elf Explorer services on 25/26 November and selected dates in December, and pre-booking for both these events is now open via the website. In addition, we are always looking to the future and to make sure we respond to the expectations and needs of our passengers and volunteers, so we are shortly starting work to open Keighley Water Tower as a visitor centre and then to improve our volunteer accommodation facilities at Haworth, thanks to support from the Keighley Town Deal and Heritage Railway Trust. We are also running trains through the summer holiday period and then revert to operating at weekends, so I hope you will use your Local Residents' Railcard and join us on board soon.

~ **Matt Stroh** Keighley & Worth Valley Railway Chairman

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Who are we?

Our Keighley Denture Expert is Matthew Varley (Dip CDT RCS)

Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

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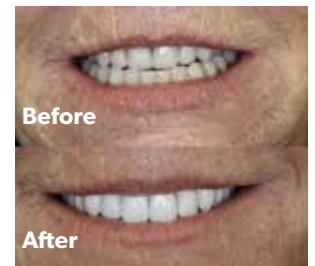


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Embracing the Digital Phone Transition: Pennine Plus Extends a Supportive Hand

For an extended period, Pennine Plus has stood as a reliable cornerstone of support for the elderly population within our community. The dedication to going above and beyond has consistently steered the organization's mission, and a pivotal milestone in its journey is ready to be shared.

A substantial amount of effort and commitment has been invested in the training of the staff, ensuring that every member is equipped to deliver exceptional assistance. It brings immense pride to highlight a recent accomplishment of Craig Taylor – his completion of the Dementia Friendly Keighley training, which symbolizes the culmination of the organization's accreditation process. Craig's personal encounters with the challenges faced by families and caregivers of individuals dealing with dementia add authenticity and focus to Pennine Plus's initiatives.

Embracing change can often evoke apprehension, yet it simultaneously opens doors to growth. Pennine Plus's unwavering pledge to support individuals spanning various age groups remains resolute. Whether it's serving as a bridge for distant families seeking to aid their loved ones in operating remote controls, be it for pressing a particular button or reinstating Coronation Street – a TV show that might trigger memories of Violet Carson's portrayal on the Street: *which character did she play?* Pennine Plus is poised to extend assistance, just as it has always!



Looking towards the future, a technological shift looms on the horizon. In the span of approximately 18 months, the analog telephone system will be replaced by digital phones empowered by VoIP (voice over internet protocol) technology. This progression entails that conversations will traverse the vast expanse of the internet, heralding a fresh epoch of communication. While this transition may seamlessly integrate into the routines of many, Pennine Plus acknowledges that certain individuals may find it slightly challenging. Leveraging the wealth of experience gained through collaboration with Boundless (now Quickline), the organization finds itself uniquely positioned to provide the necessary support during these transformative times.

Rest assured, Pennine Plus is dedicated to guiding, supporting, and assisting residents. Whether navigating uncertainty regarding the impending changes or simply wishing to partake in a meaningful discussion, an open invitation is extended to connect. Thoughts, queries, and concerns from the community hold the utmost significance to Pennine Plus.

For direct communication, phone or call in to the shop and speak to a member of the team: **01535 600 700**
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COMMUNITY PAGES

 **Every Monday to Friday Dementia Friendly Keighley**
10am – 4 pm Open for drop-in anytime for coffee and chat for people living with dementia and their carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.
Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm Games Morning, for people/carers living with dementia Airedale Shopping Centre, Keighley. Call Helen on 01535 602529
Every Wednesday Dementia Friendly Keighley 1.30 pm – 3.30 pm Peer Support Coffee Club for people/carers living with dementia Airedale Shopping Centre, Keighley.
Every Thursday Dementia Friendly Keighley 1.30 pm – 3.30 pm Crafty Friends, creative session, Airedale Shopping Centre, Keighley. Call Helen on 01535 602529
Every first Friday of the month Dementia Friendly Keighley 2 pm – 3.30 pm The Singing Teapot, a singing group for people/carers living with dementia, Airedale Shopping Centre, Keighley.
Glusburn and Crosshills WI meet at **7.30 pm on the first Tuesday of the month at The Village Centre, Crosshills**. A friendly group for local women.
Sutton in Craven WI meet 1.30pm **every second Monday of the month** at Sutton in Craven Cricket Pavilion all local ladies welcome. See us on Facebook.
Wellbeing Café at Glusburn Institute
Every Monday 10 am to 12 noon. . Contact 01535 630223 for more details.
Every Tuesday 7 - 9pm Men's Peer

Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE
First Tuesday of a month Crosshills Goldies Sing & Smile – St Peters Methodist Church 2 -3pm singalong to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.
Games Club Every Tuesday 1:30 - 3:30 pm at Glusburn Institute. £2.50 per session.
Every Tuesday Rethinking Pain at The Hive , Elliott Street. Silsden 3pm - 4pm A Group for people living in pain.
Third Tuesday of a month at Steeton Methodist Church 2-3pm
Goldies Sing & Smile – sing-along to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.
Steeton Bobbins WI 7pm meet on the **first Tuesday of a month** at St Stephen's Church Hall
www.steetonbobbinswi.com.
First Wednesday of a month 2 - 2.45pm It's Story Time at Silsden Community Library for under fives.
Every Friday 10am - 2.30pm Steeton Community Hub Warm Space Providing a space and warmth during the winter months. Meet people have a hot drink/biscuits. No need to feel lonely and isolated.
July to 29th Oct Welly Walk at Bolton Abbey Embrace the Outdoors

and get ready for a muddy adventure.
July to 28th Sept Family Cycle Zone at Bolton Abbey A safe area for children to cycle.
Keighley 3rd Age Group
Meet at Action Point (formerly Temple Row Centre) at 10am. Free Refreshments. September 6th Alan Pugh. Cycle Journey Leeds/Liverpool Canal If anyone would like further details regarding this group please contact the Chairman
David Boddy 07976799527
email:d.r.boddy@btinternet.com.
1st Sunday of a month is Skipton Artisan Markets Canal Basin, Coach Street Car Park 10am - 3pm
3rd Sunday of a Month is Haworth Artisan Markets, Central Park 10am - 3pm.
4th Sunday in a month is Keighley Artisan Markets, Church Green 10 am - 3pm
September 2023 Stanley Boardman Exhibition at Cliffe Castle Museum Keighley
Sat 2nd Sept 8am - 5.30pm Keighley & District Agricultural Show at Marley Fields, Aireworth Road, Keighley BD21 4DB
Sat 9th Sept 11am - 3pm Andy's Man Club Suicide Awareness Event at the Airedale Shopping Centre, Keighley.
Sun 10th Sept Heritage Open Days East Riddlesden Hall FREE Open Day.
Sun 10th Sept midday - 5pm Skipton Eco Day Skipton Town Hall Bring all the family for a day of fun. Treasure Hunt, Indoor Activities, stands & refreshments.
Sat 16th & Sun 17th Sept 10

am - 4pm Free Entry Haworth & Yorkshire Creatives Maker's Markets at The Old School Room, Haworth
Sun 17th Sept Train rides for all the family. Miniature trains running at Marley sports field approx. 13:30 until approx. 17:00. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Details at www.kdmes.org.uk/trains
Sun 17th Sept Silsden Car Boot 7am - 1pm Riverside Field, Silsden
Fri 22nd - Sun 24th Sept Brontë Festival of Women's Writing With a theme inspired by the Brontë Parsonage Museum's 'year of the wild', which examines the Brontës' connection to nature and the landscape, this year's festival promises a rich programme of events celebrating female creativity, including talks, panel discussions, creative workshops, and more!
Sat 23 & Sun 24th Sept Brontë Free Festival Words on the Street Hit the cobbles in Haworth for the Brontë Free Festival: Words on the Street, a weekend of FREE family-friendly fun, including street theatre, family crafts, pop-up artwork and a special visit from the world's first mobile poetry emporium, The Poetry Takeaway!
Sat 23rd Sept KWVR Haworth Haddock serving the best local Fish & Chips while travelling through the Worth Valley behind a steam locomotive.
Sun 24th Sept 10 am - 3pm RSH Artisan Sunday Market Church Green Keighley



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BEHIND THE SCENES AT THE MUSEUM

'The Wild Hauntings on the Moor: A Dream of Death' is an atmospheric new audio drama set on Penistone Hill, created by Obscura Theatre and co-commissioned by the Brontë Parsonage Museum and Ilkley Literature Festival. The team who created the piece tell us more about the inspiration they found in Haworth: At Obscura Theatre, whenever we embark on a new project in a new place, we always like to begin with a visitation. Before any ideas take hold in our heads, before we put pen to paper we go and have a good old wander of wherever it is we will be inhabiting creatively. Getting out of the car on a chilly morning in West Yorkshire last October was the first time we had been to Haworth. We felt as though we were being dared by Catherine Earnshaw to "brave the ghosts". We are fascinated by local



stories and we have been elated to find that Haworth and the surrounding moors have more than their fair share of tall tales to be uncovered. We spoke with professors and walking groups, bloggers and storytellers, and of course the fantastic folk at the Brontë Parsonage Museum. We even found some period costumes that the Museum lent us for an impromptu photoshoot. We photographed Beth, our director, striding across the moor as if in search of doomed romance or a sense of belonging (our process is serious business, I assure you). And, once we were suitably in need of sustenance from all our striding, we stopped at Cobbles and Clay for a cuppa and a hearty bowl of 'Pasta Brontë'. We couldn't ask for a better stage and setting for our piece than the vast stretch of beautiful melancholy that is the landscape surrounding Haworth. We hope to transport listeners into the Haworth of the past, encouraging them to walk with ghosts and see the land in a new light.



'The Wild Hauntings on the Moor: A Dream of Death' might be a visitation you won't soon forget... The audio is available to download from the Museum website on a Pay What You Decide basis. You can listen on your own device or borrow a headset from the Museum shop during opening hours (£5 deposit). Scan the QR code or visit

www.bit.ly/DreamofDeath for more. (Open the camera on your phone and point to the QR code (left). When the QR code is activated, click through to the link.)

Brontë Festival of Women's Writing 2023
WOMEN OF THE WILD
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BUSINESS DIRECTORY Trusted local services

Accountancy/Business/ Finance

Ask Andrina p8
NM Accounting p8

Animal Related

Paws for Thought p28
**Attractions/Community
Courses/ Events/Groups**

Bronte Parsonage p26/27
Dementia Friendly Keighley p20

Glusburn Institute p2
Keighley Furniture Project p18

KWVR p14/15
Ramblers Keighley p24

Robbie Moore p25
**Building Services/Joinery/
Maintenance**

AV Rendering & Externals p25
Butchers

Marsh Top Farm Shop p18
Care/Cleaning / Domestic/

Adeles Ironing p9
Cars/Vehicles

Mini Excellence p25
Stockbridge Tyres p25

College/Schools/Training
Keighley College p13

Companion Driving Services
Driving Miss Daisy p20

Computer related
Computer Repairs p8

Computer Universe p28
DVD Conversion p28

Dental
Taylored Dental Care p16/17

Electrical
JS Electrical p25

Fire & Security
Guardian Security Installations p32

Keybury p3

Fuel/Heating

Anchor Logs p27
Calderbank Heating p9

Negas p7
Nicholson Heating p20

Funeral
Andrew M Ellershaw p28

Springhead Funerals p29
Garage Doors

Garolla p10
Gardening/Trees

JE Home & Gardens p19
SAS p19

Worth Valley Trees p19
Hearing

HAB Hearing p9
Holidays

Steels p18
Locksmith

In House Securities p19
Loft Conversion

Yorkshire Loft Ladders p31
Mortgage/Finance

The Mortgage Maestro p8
Painting & Decorating

D Hanson p8
Paul The Painter p8

R.P. Decorating p8
Pest Control

Red Dog p27
**Plumbing /Tiling/
Bathrooms & Kitchens**

DSM p7
Nicholson Plumbing Heating p9

R & C Bathroom Solutions p5
Tiles Taps Tubs p5

Queensbury Kitchens p32
Restaurants

Alijee Spice p32
Retail

DSM p7
Hartleys Bedrooms p5

HG Spaces p19
Marsh Top Farm Shop p18

Material Worth p5
Office Furniture Outlet

p8
Pennine Plus p20/21

Phillips's p9
Queensbury Kitchens Bedrooms

& Bathrooms p32
Tiles Taps & Tubs p25

Roofing
Broomhill Roofing p25

MB Roofing p25
Solar Energy

Clever Energy Solar p11
Tutoring

Meher Modak p18
Windows & Doors

Bob Beattie p27
Bingley Windows p3

Windows to Suit p27

Sudoku Solutions

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